
GMS SEL Lesson

2/16/24

QUESTIONS

Shallow

Would you rather have
\$1,000,000 now or \$2,000 a
week for the rest of your life?

If you could go forward in time, what
would you want to know?

Favorite

What job takes a
great amount of
bravery to do?

What type of clothing is most
uncomfortable to you?

What is one thing that is
important to you when you
are making new friends?

Middle

Favorite

GNASHER NEWS TV



Bonus video from pep rally



RANDOM ACTS OF
KINDNESS DAY
FEB 17



RANDOM ACTS OF KINDNESS

01

Call a family member
you haven't seen
lately

02

Smile when walking
past someone

03

Donate items you no
longer need

04

Give a stranger a
compliment

05

Check in on a
friend you haven't
talked to in a while

06

Hold the door open
for someone



RANDOM ACTS OF
KINDNESS DAY
FEB 17

Mindful Moment

Take a moment to reflect while
taking deep breaths.

How has an act of kindness made
an impact on you?

How can you pass on the same
positive energy to someone else
today?



edtomorrow

RANDOM ACTS OF
KINDNESS DAY
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