



GMS SEL

11/3/2023

The Plan

Warm Welcome

Reminders

Native American Heritage Month

What is SEL

Optimistic Closure

ONE COOKIE MUST GO!



A. Chocolate Chip



B. Oatmeal Raisin



C. Snickerdoodles



D. Peanut Butter



E. Frosted Sugar

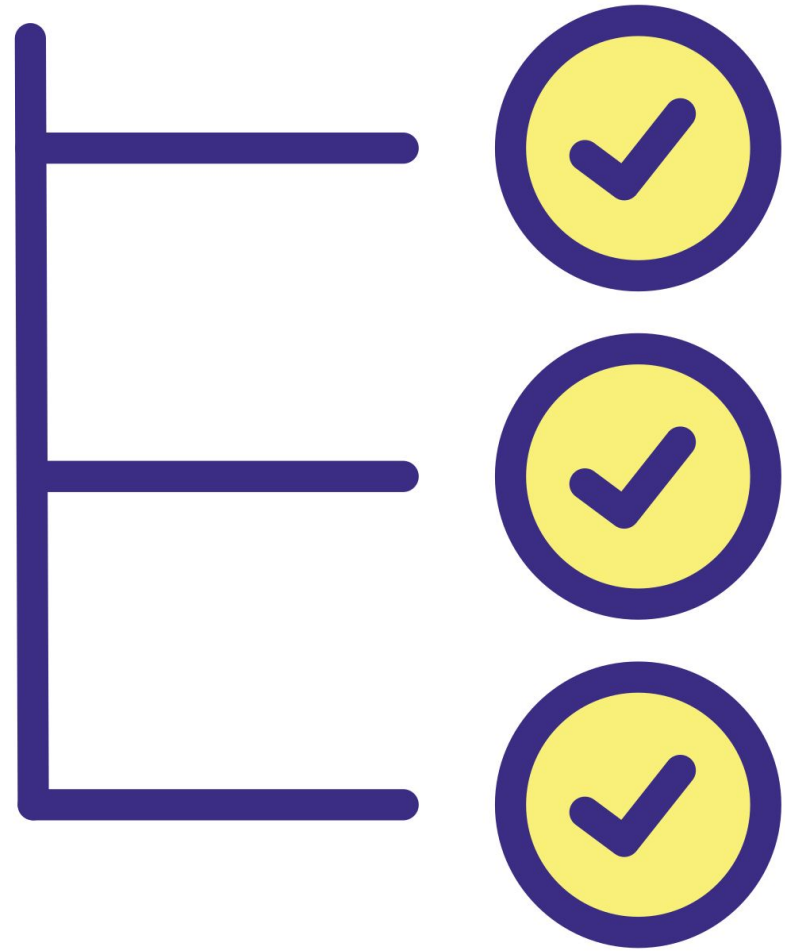


F. Double Chocolate

Which cookie
HAS to go?



RULES



Reminders!

EXCEL has no passing period. The only students in the hallways should be headed directly to tutoring/teacher meetings.

Afternoon Bus Riders - To get to the far side busses, take the sidewalk to the crosswalk and the crosswalk to the outside loop (bus door side). Please do not squeeze between busses.



Native American Heritage Month

November is Native American Heritage Month. We're going to take a look at what it means to be Indigenous.

Indigenous Peoples:

People who have lived on their lands for MAAANY years (like 100s or 1000s of years) and have their own traditions and cultures.



Does anybody have a connection to **Indigenous Peoples** that they would like to share about?

Native Americans = **indigenous peoples** who have been living in the United States before they were called the United States.



If there's time, check out the interactive map at native-land.ca!

? Austin is on the lands of the _____ and _____



What is SEL

Social and Emotional Learning is a process for helping children and adults develop fundamental knowledge, skills and attitudes for life effectiveness. SEL teaches the skills we all need to handle ourselves, our relationships, and our work effectively and ethically:

- develop healthy identities
 - manage emotions
- achieve personal and collective goals
 - feel and show empathy for others
- establish and maintain supportive relationships
 - make responsible and caring decisions.
- handle challenging situations constructively and ethically

From: austinisd.org/sel-cpi

GMS SEL

In addition to using SEL practices in how we interact and teach, GMS has SEL lessons in EXCEL on Friday. We have a student committee that helps develop these lessons and will be teaching/leading some later in the year.



Optimistic Closure

“We have two ears and one mouth, so we should listen more than we speak.”

– Zeno of Citium, as quoted by Diogenes Laërtius



Who is one person in your life that you want to actively listen to more this week?

