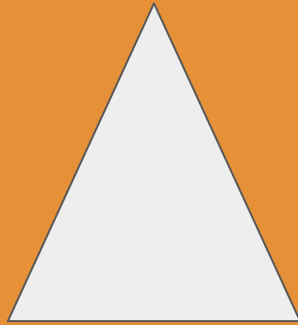
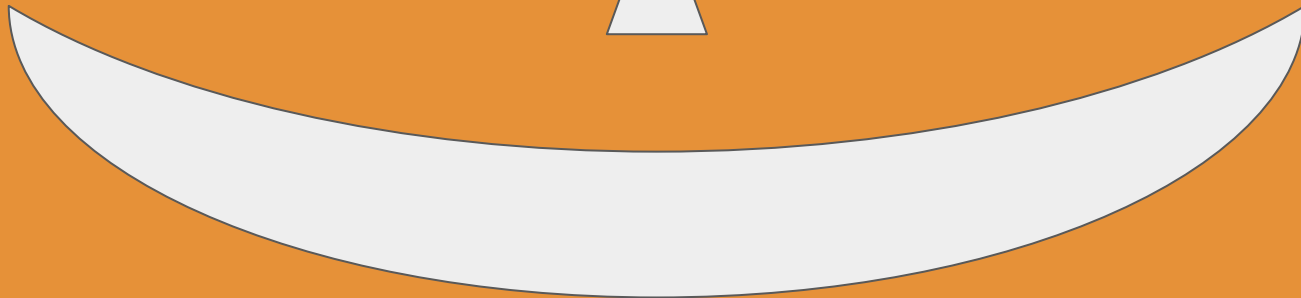
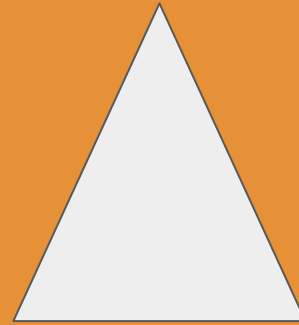


Gnasher NewsTV

Gorzycki Middle School journalism



SEL Lesson
October 27, 2023



Welcoming Ritual

Which one do you feel like today?

1



2

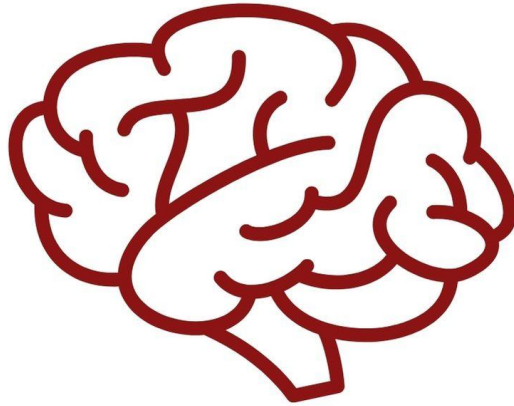


3



LOVE YOUR BRAIN WEEK

OCTOBER 30 - NOVEMBER 3



A Week of Drug and Alcohol Abuse Awareness

LOVE YOUR BRAIN SPIRIT WEEK

Monday - Lei Off Drugs - Wear your tropical/Hawaiian-themed clothing

Tuesday - Terrifying Tuesday - Wear your Halloween costume (follow the rules) to scare away the drug dealers and pusher

Wednesday - Worry Free Wednesday - Dress like a hippie, man. Use healthy coping skills to deal with stress.

Thursday - Teacher Thursday - Dress like your favorite teacher who helps grow your brains!

Friday - Family Friday - Dress up in groups of two or more and support each other to stay drug free!

Spirit Week Rules - Halloween Costumes

1. **No Costume Masks**
2. **No Face Make-up**
3. **No Prop (or real!) Weapons**
4. **Nothing Offensive**
5. **Nothing Violent**
6. **Nothing Obstructive to Learning**

If you have ANY questions about what is or is not appropriate, ask a teacher or AP to clarify.

LOVE YOUR BRAIN!

The goal of ***Love Your Brain Week*** is to promote healthy choices, positive activities, and encourage students to avoid drugs, tobacco and alcohol. Each day of the week has a content area focus:

- Day 1: Healthy Coping Skills
- Day 2: Drugs
- Day 3: Alcohol
- Day 4: Vaping
- Day 5: Love your BRAIN Day

Extra resources in the Counseling BLEND course:

<https://aisdblend.instructure.com/courses/227856/pages/love-your-brain-week>

OPTIMISTIC CLOSURE

Which Love Your Brain Week dress-up day are you looking forward to the most?