



SEL Lesson

October 20, 2023





Welcoming Ritual

Would You Rather?

Set the table or wash dishes?

Sweat honey or smell like skunk?

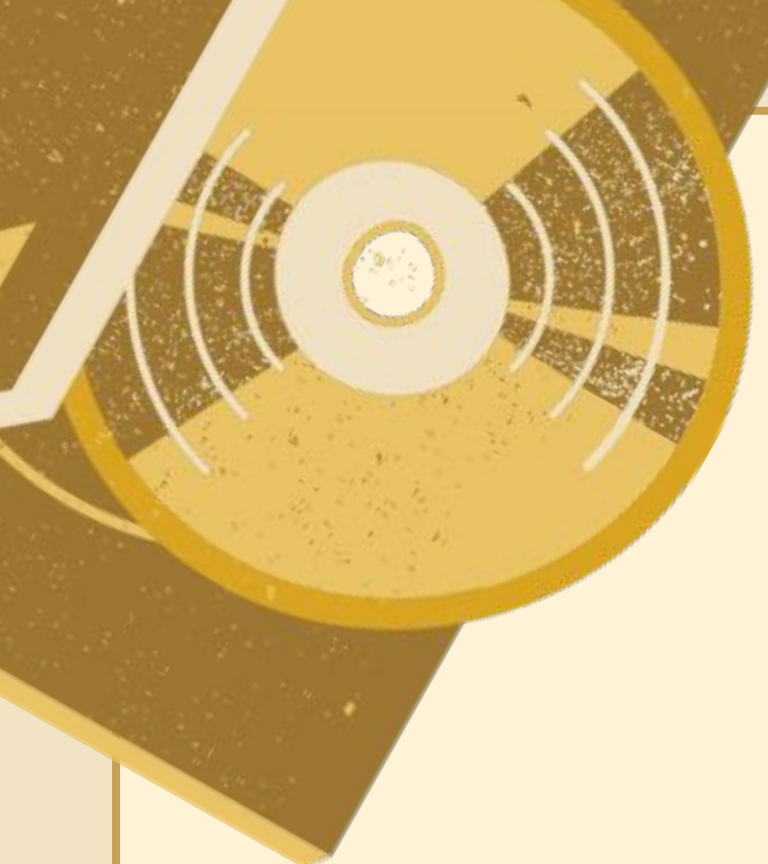
Write a bestselling book or star in a blockbuster movie?





Being Kind





How You Treat People Matters

01

What you say matters

Ever heard the phrase “if you don’t have anything nice to say, don’t say anything at all?”

02

What you do matters

Respect others physical person, from the boundaries of not getting to close to going around them instead of through them in the hallway

03

How you think matters

Do you consider others feelings? Do you think about others in a positive way or negative?

What do you think?



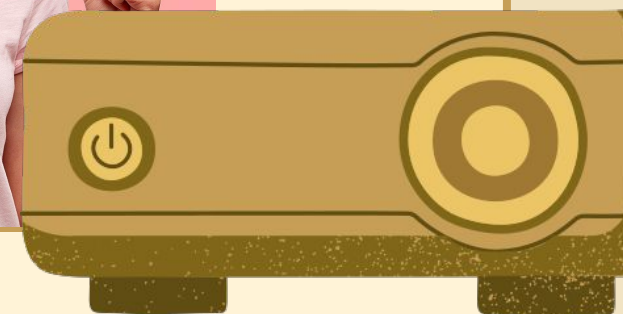
**DO YOU HAVE TO FRIENDS
WITH EVERYONE?**



**DO YOU need TO LIKE
everyone?**



**DOES EVERYONE need TO
LIKE YOU?**



ANSWER: No!

The expectation is to be “friendly” to all. Respect everyone’s right to exist and be themselves.

Check out this video



What do you think?

Turn and talk or discuss as a class



Optimistic Closure

When is a time you remember someone showing you kindness?

What is something you look forward to doing this weekend?

