Principles of Agriculture and Student Council are collecting for the first annual

# Fall Harvest

# Food Drive

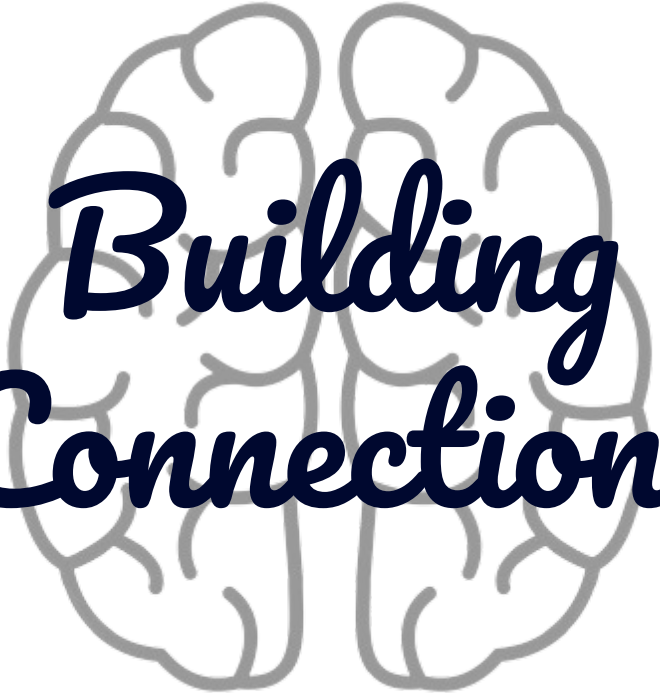
## From October 24th-31st!

Drop off your cans or non-perishable goods any morning on your way into the school

# Friday's SEL Lesson

# The Circle Process!

1. Ice breaker — We will start by building connections to start opening up to each other.
2. Storytelling — Then, we will do an activity to start piercing the surface.
3. Get personal — After, we will explore problems and get more comfortable.
4. Reflections — Finally, we will reflect, appreciate, and check-out to wrap it up.



# Building Connections

# Ice Breaker:
## 4 Corners

* Decide on different numbers for 4 different corners of the room.
* A teacher will decide on 1 student to be “it”.
* The student that is “it” will sit in the middle of the classroom. They will close their eyes.
* The other people in the classroom will have 5 seconds to move to a corner.
* The student in the middle of the classroom will pick a number that signifies a corner after the time is up.
* If a student(s) get pick by “it” they get eliminated.
* Continue this process until 1 student is left.
* Teachers can play!

No hiding or moving to another corner if the timer is up and/or your corner gets called out!

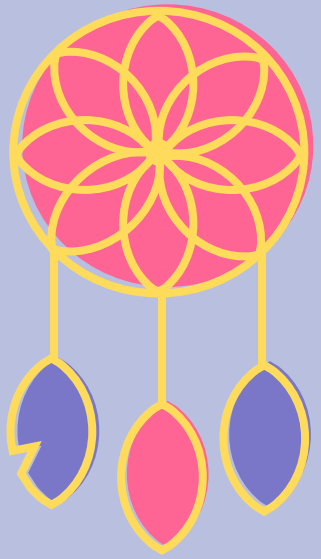
# Growth Mindset:
# Accepting Your Failures

# Piercing the Surface

## Rewriting what we say:

Love who you are even when you make mistakes, since everyone does. Putting yourself down just because you made errors isn't worth stressing about, since that will only cause you to create more of the same caliber. Instead, try to move forward and accept your mistake! Try telling yourself positive affirmations to boost your self esteem. After all, saying toxic affirmations rewires the brain to believe the toxicity.

Write down 3 other ways you can say to "I can do this."



Click below for a... Halloween Countdown!

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# Choice Board

01
Whole Class Circle

02
Small Group Circles

03
Turn and Talk-
Whole Class Share out

04
Blend Course Discussion Wall

# Delving Deeper and Reflecting

## Full Class Circle!

### Instructions:

- Pick a prompt to respond to.
- In the circle, pass around the talking piece clockwise.
- Everybody will go around the circle and answer the prompt. If you don't want to speak, say pass and pass the talking piece to the next person.

How have you improved after making a mistake on a topic?

-or-

How can you get yourself excited for the day and ready to grow your mind?

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# Delving Deeper and Reflecting

## Small Group Circle!

### Instructions:

- Break into small groups of 6-8 people and form a circle.
- Find a simple talking piece (a pencil, a book, a ball) for each circle.
- Each circle will choose a prompt.
- Everybody will go around the circle and answer the prompt. If you don't want to speak, say pass and pass the talking piece to the next person.

How have you improved after making a mistake on a topic?

-or-

How can you get yourself excited for the day and ready to grow your mind?

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# Delving Deeper and Reflecting

## Turn and Talk!

### Instructions:

- Return to your seats.
- Pick a prompt to respond to as a class.
- Respond to the prompt in pairs, turning to the person closest to you. The youngest person shares first.
- Take turns sharing what you've discussed with the rest of the class.

How have you improved after making a mistake on a topic?

-or-

How can you get yourself excited for the day and ready to grow your mind?

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# Delving Deeper and Reflecting

## Blend Discussion Wall!

### Instructions:

- Teacher: Import this discussion post and post it on your advisory BLEND.
- Take 2-3 minutes to respond to the post.
- Then, take another few minutes to read student submissions. You can reply if you would like to.

How have you improved after making a mistake on a topic?

-or-

How can you get yourself excited for the day and ready to grow your mind?

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