

# Friday's SEL Lesson

## *Community Circle*

# Join the SEL Committee

In order to better provide engaging, interesting, and relevant SEL lessons and policies, GMS will form a committee of 15+ students to discuss SEL topics, give feedback on lessons, offer insights into the GMS student experience, and contribute to the overall SEL process.

Students of all backgrounds are wanted in the committee, regardless of academic and/or behavior history on campus. If you have something to say about the GMS student experience, we want to hear it.

If you are interested, [fill out this form to be considered](#) for a position on the committee.

Scan the code or visit  
[tinyurl.com/SELGMS](https://tinyurl.com/SELGMS)  
to join.





# The Circle *Process*

## 1. *Ice breaker*

We will start by building connections to start opening up to each other.

## 2. *Storytelling*

Then, we will do an activity to start piercing the surface.

## 3. *Get personal*

After, we will explore problems and get more comfortable.

## 4. *Reflections*

Finally, we will reflect, appreciate, and check-out to wrap it up.

# Building

# Connections



## Icebreaker: Put a Finger Down

- Everybody forms a circle in the classroom.
- On the next slide, the teacher will move through several different “Put a finger down if...” statements.
- Everyone starts with their hand up and 10 fingers out. As you go, listen to each statement and put a finger down if it applies to you.
- At the end, whoever has the most fingers still raised wins.
- Optional: Whoever puts all of their fingers down first is the other winner.

# Building *Connections*



## Put a finger down if...

You have laughed so hard that you cried.

You have stayed up past midnight this week.

You have fallen asleep in class.

You are scared of bugs.

You get stressed easily.

You have ever googled your teacher's name.

You have ever google your own name.

You have lost your water bottle at school.

You can't watch horror movies without covering your eyes.

You have ever been lost at Gorzycki.

Your parents have an embarrassing nickname for you.

You can't remember what SEL and CP&I stand for.

# Piercing the *Surface*



We often hear about the negatives of social media.

But if it's so bad, why do people use it?

Watch the short video and answer the question as a class: **Why do people use social media?**



☆ ✂

01

Whole Class  
Circle

02

☆

Small Groups  
Circle



CHOICE BOARD

✂

03

☆

Turn and  
Talk-Whole  
Class Share  
out

04

✂

Blend Course  
Discussion  
Wall





# Delving Deeper

## *And Reflecting*

### *Full Class Circle*



Do you (or would you) use social media? Why or why not?

-or-

Do you think social media is an overall good or bad thing? Why?

### Instructions:

- Pick a prompt to respond to.
- In the circle, pass around the talking piece clockwise.
- Everybody will go around the circle and answer the prompt. If you don't want to speak, say pass and pass the talking piece to the next person.

# Delving Deeper

## *And Reflecting*

### *Small Group Circle*



Do you (or would you) use social media? Why or why not?

-or-

Do you think social media is an overall good or bad thing? Why?

### Instructions:

- Break into small groups of 6-8 people and form a circle.
- Find a simple talking piece (a pencil, a book, a ball) for each circle.
- Each circle will choose a prompt.
- Everybody will go around the circle and answer the prompt. If you don't want to speak, say pass and pass the talking piece to the next person.

# Delving Deeper

## *And Reflecting*

### *Turn and Talk*



Do you (or would you) use social media? Why or why not?

-or-

Do you think social media is an overall good or bad thing? Why?

### Instructions:

- Return to your seats.
- Pick a prompt to respond to as a class.
- Respond to the prompt in pairs, turning to the person closest to you. The oldest person shares first.
- Take turns sharing what you've discussed with the rest of the class.

# Delving Deeper

## *And Reflecting*

### *Blend Discussion Wall*



Do you (or would you) use social media? Why or why not?

-or-

Do you think social media is an overall good or bad thing? Why?

#### Instructions:

- Teacher: Import [this discussion post](#) and post it on your advisory BLEND.
- Take 2-3 minutes to respond to the post.
- Then, take another few minutes to read student submissions. You can reply if you would like to.